



Dear Parents and carers,

I trust you all joined the **applause** last night at your front door, in your garden or from a window (safely) for the NHS workers who care for us at 8:00pm. This is gathering momentum and getting louder each week.

Another wonderful example of care was clearly seen when a 17 year old care worker provided an unforgettable gift to a 94yr WW2 veteran. This is definitely worth a watch: <https://www.bbc.co.uk/programmes/p08b2khj>

Lots of people seem to be joining in online quizzes during lockdown, why not organise one yourselves with friends and family. **English Heritage** have released some really interesting resources for History students or just to broaden general knowledge, <https://www.english-heritage.org.uk/learn/teaching-resources/>

Exciting news for music lovers, **The Royal Albert Hall** is streaming sessions by musicians from their homes, this evening's performance is some light jazz specifically aimed at children, whilst on Saturday evening KT Tunstall will be live.

<https://www.royalalberthall.com/tickets/events/2020/royal-albert-home-jazz-for-kids/>

Lots of iconic recipes are being released, Ikea have shared their famous meatball recipe and here is the recipe for the most popular pizza on the **Pizza Express** menu, Margarita.

https://www.timeout.com/london/news/pizza-express-just-shared-its-secret-margherita-pizza-recipe-042120?utm_medium=Social&utm_source=Facebook&cid=%7Elondon%7Enatsoc%7Efacebook%7Eechobox#Echobox=1587485725

Don't forget to send in your creations to cedarschallenge@cedarsupper.co.uk for featuring in our next **Headteacher's Highlights** which will be sent out early next week.



When you go out and see the empty streets, the empty stadiums, the empty train platforms, don't say to yourself "it looks like the end of the world". What you are seeing is love in action. What you are seeing, in that negative space, is how much we do care for each other, for our grandparents, for our immune-compromised brothers and sisters, for people we will never meet.

People will lose jobs over this. Some will lose their businesses, and some will lose their lives. All the more reason to take a moment, when you are out on your walk, or on your way to the store, or just watching the news, to look into the emptiness and marvel at all of the love in action.

Let it fill and sustain you.

It isn't the end of the world, it is the most remarkable act of global solidarity we may ever witness.

I didn't write this but saw it yesterday and it made me feel connected to people and to what we are trying to achieve. The news remains difficult, but despite all of this, we must continue to support and help each other.

The safety of our community remains central to everything that we are doing and that we will continue to do. Every decision we take is taken with that at the core of our thoughts.

I hope you have a restful weekend and we will be in contact next week, ready to start again with new positivity and new energy.

Thank you all for your continued support.

Yours with best wishes,

Steve Palmer
Headteacher

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