



Dear Parents and carers,

I hope you have all had a relaxing and safe Easter break with your families. I have seen some of the photos submitted by staff and students regarding the Easter challenge and it would be great if I could fill the next edition of my Headteacher's Highlights with lots of positive contributions. You can share your stories by emailing cedarschallenge@cedarsupper.co.uk. I especially welcome contributions from students who took on Easter challenges. I am sure you will all agree that an amazing challenge that took place over Easter was that by Captain Tom Moore, who shortly before his 100th birthday, and having recently had a hip replacement, has raised several millions of pounds for the NHS by lapping his garden 100 times.

<https://www.justgiving.com/fundraising/tomswalkforthenhs>

Teachers will resume the setting of work for students from Tuesday April 21st. This will include activities for Year 11 and 13 students. The reason for this is it is likely some of these students will want to take exams in the Autumn term and leaving them without educational support from mid-April onwards is not right, in my opinion. However, I must clarify that the work set will have no bearing on the grades currently being calculated for submission to the exam boards. Well done to all of the students for working so diligently and many thanks to all of the staff for setting work and providing regular feedback. Staff will be setting work for students from Tuesday 21st, as Monday 20th April is our online professional development day.

As this is a time when some of you may have expected to be getting on a train, plane or car to head off to somewhere different for your holidays, I thought I would share with you some resources for viewing the world safely at home.

www.expertafrika.com - offers guides to the national parks and reserves. Combine with the inspirational stories on <https://africageographic.com> and conservation news from www.swara.co.ke and you could almost be there.

www.nationalgeographic.com - interesting features, fascinating biographies of explorers and some of the best photography available.



<https://artsandculture.google.com/> - take a virtual tour of 3,249 museums and cultural sites worldwide without any queues or entry fees. Fancy a trip to the Taj Mahal or the National Palace in Sintra?

<https://earthdata.nasa.gov/worldview> - this site allows you to zoom in from 5,000 miles to 5,000 feet and offers a thrilling tour of Earth by night.

www.surfhog.com - a link to 60 beach cams in Cornwall for any lockdown surfers.

www.flightradar24.com - if you do spot a plane in the sky you can find out where it is headed.

We hope you will continue to be vigilant and safe online during the holidays and beyond. Internet matters gives advice to parents for keeping different age groups safe online:

<https://www.internetmatters.org/advice/11-13/>

<https://www.internetmatters.org/advice/14plus/>

Please continue to contact your year office or the student support centre if required:

ssc@cedarsupper.co.uk

There are also various agencies that offer bereavement support and grief counselling:

- <http://chums.uk.com/bedfordshire-services/>
- [Child Bereavement UK](#) – call 0800 028 8840 Monday to Friday, 9am to 5pm, or email support@childbereavement.org
- [Cruse Bereavement Care](#) – call 0808 808 1677 Monday and Friday, 9.30am to 5pm, and Tuesday, Wednesday and Thursday 9.30am to 8pm, or email info@cruse.org.uk
- [Grief Encounter](#) – call 0808 802 0111 Monday to Friday, 9am to 9pm, or email contact@griefencounter.org.uk

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- [Hope Again](#) – call 0808 808 1677 Monday to Friday, 9.30am to 5pm, or email hopeagain@cruse.org.uk
- [Winston's Wish](#) – call 0808 802 0021 Monday to Friday, 9am to 5pm, or email info@winstonswish.org
- [Childhood Bereavement Network](#).

I have been asked by the Leighton Buzzard Citizen's Advice Bureau to share their details:

Telephone: 01525 373878 or 01525 374589 or email via our website:

www.leightonlinladedcab.org.uk

Now we are part way through the Easter break I thought I would share a poem with you. The poem below is a beautiful thought about how the world around us will continue to welcome spring and that we should take some time to notice the beauty that appears day by day.

IN THE TIME OF QUIET

No one's told the daffodils about the pause to Spring
And no one's told the birds to roost and asked them not to sing
No one's asked the lazy bee to cease his bumbling round
And no one's stopped the bright green shoots emerging through the ground
No one's told the sap to rest, deep within the wood
And stop the sleepy trees from waking, wreathed about in bud
No one's told the sky to douse its brightest shades of blue
And stop the scudding clouds from puffing headlong into view
No one's asked the lambs to still the springs beneath their feet,

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To stop their rapid rush and quell each joyful bleat
No one's told the stream to halt its gurgle or its flow
And warned the playful breezes, not to gust and blow
No one's asked the raindrops not to fall upon the earth
And fail to quench the soil in the season of rebirth
No one's locked the sun down, or dimmed the shimmer of the moon
And even in the darkest night, the stars are still immune
Remember what you value, remember who is dear
Close the doors to danger and keep your family near
In the quiet all around us take the time to sit and stare
And wonder at the glory unfurling everywhere
Look towards the future, after the ordeal
And keep faith in family, friends and our will to heal

~Anon

Please take care of yourself and your families and let us know if we can help in any way.

Yours with best wishes,

Mr S Palmer
Headteacher

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